

# Christian Retreat Center

369 CRC Drive , East Waterford PA 17021

717-734-3627 jeremy@crctims.org

## **What to bring:**

Bedding (sleeping bag or sheets/blankets)  
Flashlight (extra batteries)  
Clothing for hiking and athletics  
Toothbrush, toothpaste, soap, towel, washcloth etc.  
Sun screen and insect repellent  
Swim suit and beach towel  
Camp store money  
Old sneakers for in the creek  
Jacket and/or rain coat  
Bible, journal, pen

## **What not to bring:**

Food or snacks (No food is permitted in the cabins!)  
Pocket knives  
Electronic Devices such as iPods, cell phones, etc.

## **Additional Items if You are Attending a Specialty Camp:**

**-Adventure Camp:** Warm clothes for cool evenings, wool/stocking hat, water shoes/sandals w/ heel strap, sun glasses, hat w/ brim, 2 sets of quick drying clothes (shorts/T's), 2 durable water bottles (not bottled water), bandana, whistle, light weight summer-rated sleeping bag, sleeping pad, Germ-X, backpack with capacity of 3000ci minimum, lightweight boots or shoes suitable for hiking,

Suggested but not mandatory are dry bags (inexpensive from Gander Mt or Bass pro) for the canoe trip, and trekking poles for backpacking

**IMPORTANT:** During the canoe trip, all personal items that must stay dry should be packed in zip-lock bags (this includes your sleeping bag, clothes, bible and notebook- **CRC does not supply these bags**)

**-Archery:** Bow and arrows and any additional archery equipment you wish to bring

**-Paintball:** Clothes and shoes for paintball games as well as all of your paintball gear, money if you wish to purchase additional paint

**-Rodeo:** Boots/shoes for riding and working around the barn, jeans for riding, riding equipment if you own any

**-Soccer:** Shin guards, cleats, clothes for soccer sessions

**-Worship:** Instrument if you own one and wish to bring it