

FACING YOUR GIANTS

Winning Against Worry – March 2, 2008

INTRODUCTION

- There is a high cost for worry.
- Jesus offers us an alternative to worry - _____!
Worry imprisons, but Jesus wants to _____ you through faith.
Worry paralyzes, but Jesus wants to _____ you through faith.
Worry disheartens, but Jesus wants to _____ you through faith.
Worry sickens, but Jesus wants to _____ you through faith.

JESUS SAYS, “DO NOT WORRY” - Matthew 6:25-34

1. Worry _____ us from God.

- *Merimnao* – Greek word meaning to draw in different directions or to distract.
- 2 Corinthians 10:5 (NIV) – “*We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*”
- Don't worry, _____ on God.

2. Worry causes us to _____ God.

- Don't worry, trust that God _____. (Matthew 6:32 and Psalm 103:14)
- Don't worry, trust that God _____. (Psalm 145:13b and 1 Peter 5:7)
- Don't worry, trust that God is _____. (Matthew 11:28-30, Psalm 55:22 and Psalm 50:15)

3. Worry is _____. (Matthew 6:27)

- Worry does not empty tomorrow of its sorrow, it empties today of its strength. (Corrie Ten Boom)
- Don't worry, _____. (Proverbs 21:5)
- Philippians 4:6,7 (NIV) – “*Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*”
- Worry about _____, pray about _____.

4. Worry is focused on the _____. (Matthew 6:27)

- Don't worry, _____ God today. (Matthew 6:33, 34)
- Leave tomorrow alone...stay in one square at a time.

5. Worry is _____. (James 4:17)

- Don't worry, _____ and _____ God. (Proverbs 3:5,6)

WORRY BOX