



The **POWER** of what you SAY

- Did you know?
- What we say gets us into a lot of trouble!

SO HOW DO WE CONTROL THE TONGUE? By understanding the _____ of what we say.

A STUDY IN JAMES

1. My tongue _____ where I go.

- a. The horse's bit
- b. The ship's rudder

2. My tongue can _____ what I have (and what others have).

- a. Gossip is like a fire
- b. Proverbs 18:20—*From the fruit of his mouth a man's stomach is filled; with the harvest from his lips he is satisfied.*
- c. A chain reaction occurs

3. My tongue _____ who I really am.

- a. Blessings and curses
- b. "I didn't really mean it."
- c. It's a heart problem. Matthew 12:34—*You brood of vipers, how can you who are evil say anything good? For out of the overflow of the heart the mouth speaks.*

THE POWER OF WHAT YOU SAY ACTION STEPS

1. _____ your sins to each other and to God. (Prov. 28:13; 1 Jn. 1:9)
2. _____ Biblical forgiveness. (Matthew 18:15)
3. _____ God for help. (Psalm 141:3)
4. _____ before you speak. (James 1:19)
5. _____ away from gossip & negative conversations.
6. _____ — don't complain. (Philippians 4:4)
7. _____ everyone you can. (Ephesians 4:29)